



# Support for Decision Making Checklist

Completed by:  
Date Completed:

The decision:

**I HAVE..... (tick box that applies)**

**I DID THIS BY.....(insert explanation)**

Followed the Steps:

Found ways to know the person

Identified the decision

Described the features of the decision

Scope

Who's involved

Influences (resources, restrictions)

Timeframe

Consequences

Understood the person's will & preferences

Identified constraints

Refined the decision with constraints considered

Identified whether conflict existed

Identified whether a formal process was needed

Reached a final decision

Identified associated decisions

Selected advocates to implement the decision

Checked the person's preferences were maintained during implementation

**Adapted from:** Douglas, J., & Bigby, C. (2018). Development of an evidence-based practice framework to guide decision making support for people with cognitive impairment due to acquired brain injury or intellectual disability. *Disability and Rehabilitation*, 1-8. doi:10.1080/09638288.2018.1498546

This material is associated with Module 6 of the online learning resource: The La Trobe Support for Decision Making Framework. URL: [www.supportforddecisionmakingresource.com.au](http://www.supportforddecisionmakingresource.com.au)

<b>Applied the Principles:</b>	
<input type="checkbox"/> <i>Commitment</i>	
<input type="checkbox"/> <i>Orchestration</i>	
<input type="checkbox"/> <i>Reflection &amp; Review</i>	
<b>Used the Strategies:</b>	
<input type="checkbox"/> <i>Attention to communication</i>	
<input type="checkbox"/> <i>Educated about consequences and practicalities</i>	
<input type="checkbox"/> <i>Listened and engaged</i>	
<input type="checkbox"/> <i>Created opportunities</i>	
<input type="checkbox"/> <i>Enabled positive risk taking</i>	

***When completed, this recording can be placed in the person's individual file.***

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